

# OCTOBER LUNCH MENU

Franciscan Montessori Earth School | 14750 SE Clinton St. Portland, OR 97236 | (503) 760-8220

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 SPAGHETTI WITH MARINARA V</b> Served with salad and garlic bread ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>3 BEAN AND CHEESE BURRITO V</b> With beans, rice and cheese. Served with Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>4 WAKEY WAKEY EGGS AND... V</b> Scrambled eggs, bacon or veggie bacon, potatoes, fruit and milk ☐ Bacon Entrée ☐ Veg Bacon Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra <b>MAPLE E2</b>	<b>5 YAKISOBA STIR FRY V</b> With veggie egg roll and Hutch's choice of fruit or vegetable and mil ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra <b>MAPLE E2</b>	<b>6 FISH AND CHIPS</b> With coleslaw, fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra <b>MAPLE E2 / ALDER FIELD TRIP</b>
<b>9 MAC-N-CHZ V</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>10 QUESADILLAS V</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Chicken Entrée ☐ Veg Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>11 BUTTERMILK PANCAKES V</b> With 100% pure maple syrup, fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>12 BAKED POTATO BAR V/GF</b> Served with assorted toppings, fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>13 CHEESE ZOMBIES</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra
<b>16 GNOCCHI WITH CREAMY PESTO V</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>17 TACOS GF V</b> With ground beef or tofu and Hutch's choice of fresh veggies or fruit and milk ☐ Beef Entrée ☐ Tofu Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>18 FRENCH TOAST V</b> With %100 pure maple syrup, fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>19 SLOPPY JOES V</b> With sweet potato fries Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>20 CHICKEN STRIPS &amp; FRIES</b> Served with Hutch's choice of veg or fruit ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra
<b>23 FETTUCCINI ALFREDO</b> With garlic bread and Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>24 ENCHILADAS GF</b> With chicken OR vegetarian black beans and Hutch's choice of fresh veggies or fruit and milk ☐ Reg Entrée ☐ Veg Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>25 BISCUITS &amp; GRAVY</b> With country-style bacon & sausage or mushroom & rosemary vegan gravy, scrambled eggs, fruit and milk ☐ Reg Entrée ☐ Veg Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>26 CHICKEN TERIYAKI GF</b> With coconut rice, and Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>27 CHEESE ZOMBIES</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra
<b>30 PENNE W CREAMY BUTTERNUT SQUASH</b> With Hutch's choice of fresh veggies or fruit and milk ☐ Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra	<b>31 BUILD YOUR OWN - NACHO</b> With chicken or tofu and all the fixin's and milk ☐ Chicken Entrée ☐ Tofu Entrée ☐ Beans & Rice with Chips & Cheese ☐ PB& J ☐ GF ☐ Extra			
<b>LUNCH \$5   EXTRAS \$1</b> <b>GF SUB \$1   MILK \$.50</b>		<b>CHILD'S NAME:</b>		ADMIN USE Entered Entrees Extras GF
NOTE: All meals are served family style and include entree, fruit and/or veggie, and milk. Gluten free bread, pasta, and tortillas are available by request for an additional charge.		<b>GUIDE/ROOM NAME:</b>		CREDITS Given Used Other Notes
<b>GF = Gluten Free V = Vegetarian</b>		<b>PAYMENT TYPE:</b>		