

School Sick Policy

In the school environment, communicable diseases are easily transmitted from one individual to another by various routes, and can even be transmitted while an individual is not showing symptoms of illness. While some conditions are restrictable based on diagnosis, more often early identification of signs and symptoms of communicable disease is of paramount importance to increase the health of the school population and decrease school absenteeism. Effective control measures include education, avoidance of risk factors, sanitation, early recognition of symptoms, health assessment, prompt diagnosis, and adequate treatment

FMES uses the [Multnomah County Communicable Disease Management Plan](#) as a guide and reference for protocols regarding communicable diseases and illness management.

FMES school policy for:

FEVER:

Fever: A measured ear temperature above 100.4°F OR elevated above 98.6 F and climbing. This evaluation is based on ear thermometer reading, student presentation and other relevant symptoms.

Action: Students will be sent home immediately. Student will stay home until temperature is within normal range (98.6 F) for **24 hours WITHOUT the use of fever-reducing medication such as ibuprofen (Advil) or acetaminophen (Tylenol)**

VOMITING AND DIARRHEA

Diarrhea: Three or more watery or loose stools in 24 hours OR sudden onset of loose stools OR student unable to control bowel function when previously able to do so

Action: Stay home until 48 hours after last episode

Vomiting: At least 1 episode of vomiting that is unexplained

Action: Stay home until 48 hours after last episode

CONJUNCTIVITIS

Concerning eye symptoms: Colored or copious drainage from the eyes OR unexplained redness of one or both eyes OR eye irritation accompanied by vision changes OR symptoms such as eye irritation, pain, redness, swelling or excessive tear production that prevent active participation in usual school activities

Action: Students with eye symptoms who have been seen and cleared by a licensed prescriber may return to school 24 hours after therapy initiated or if cleared by a medical provider that therapy is not indicated.